

January 2021

Menu for Mt. Pleasant Child Care




Monday

Tuesday

Wednesday

Thursday

Friday

<p>“Winter” Week</p>				<p>1 Closed</p> 
<p>4 “J” Week Breakfast: Eggs, toast, milk, juice AM Snack: Apple Jacks, milk Lunch: Chicken, broccoli, cheese and rice, fruit, milk PM Snack: Mini wheats, milk</p>	<p>5 Breakfast: Sausage biscuit, juice, milk AM Snack: Jell-O pudding Lunch: Tacos, rice, corn, fruit, milk PM Snack: Cottage cheese, crackers</p>	<p>6 Breakfast: Cereal, milk, juice AM Snack: “J” cookies Lunch: Rotini, salad, fruit, milk PM Snack: Cheese, pepperoni, crackers</p>	<p>7 Breakfast: Sausage sandwich, juice, milk AM Snack: Juice pops, nilla wafers Lunch: Turkey and cheese wraps, doritos, pickles, fruit, milk PM Snack: Éclair cake, milk</p>	<p>8 Breakfast: Toaster strudel, juice, milk AM Snack: Jell-O, fruit Lunch: Baked chicken, mashed potatoes, stuffing, green beans, fruit, milk PM Snack: Veggie straws</p>
<p>11 “K” Week Breakfast: Sausage gravy biscuits, juice, milk AM Snack: Kix cereal Lunch: Ham BBQ, tator tots, fruit, milk PM Snack: Angel eggs</p>	<p>12 Breakfast: Bagels, milk, juice AM Snack: “K” cookies and milk Lunch: Meatloaf, mashed potatoes, corn, fruit, milk PM Snack: Candied cheerios</p>	<p>13 Breakfast: Cereal, milk, juice AM Snack: Key lime pie muddy buddies Lunch: Hot ham & cheese sandwiches, chips, carrots, fruit, milk PM Snack: Yogurt & animal crackers</p>	<p>14 Breakfast: French toast, juice, milk AM Snack: Krispy treats, milk Lunch: Cheeseburger, tator tots, pickles, fruit, milk PM Snack: Pizza rolls</p>	<p>15 Breakfast: Cinnamon/cheese toast, fruit, juice, milk AM Snack: Kettle popcorn Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Cheese sticks & crackers</p>
<p>18 “L” Week Breakfast: Cereal, milk, juice AM Snack: Lemon bars, milk Lunch: Steak or Chicken Salad, fruit, milk PM Snack: Brownies, milk</p>	<p>19 Breakfast: Egg & bacon sandwich, juice, milk AM Snack: Lucky charms and milk Lunch: Chicken patty sandwich, chips, pickle, fruit, milk PM Snack: Granola bars, milk</p>	<p>20 Breakfast: Breakfast casserole, juice, milk AM Snack: “L” Cookies Lunch: Macaroni & cheese, peas, fruit, milk PM Snack: Apple crisp, milk</p>	<p>21 Luau Breakfast: Fruit & yogurt, juice, milk AM Snack: Lime Jello-O Lunch: Hoagie, chips, cucumbers, fruit, milk PM Snack: Trail mix, milk</p>	<p>22 Breakfast: Pancakes and sausage, juice, milk AM Snack: Little carrots and dip Lunch: Corn dogs, french fries, fruit, milk PM Snack: Crackers & cheese</p>
<p>25 “M” Week Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Mandarin oranges, cottage cheese Lunch: Pizza, fruit, milk PM Snack: Goldfish, juice</p>	<p>26 Breakfast: Waffles, juice, milk AM Snack: Mint Oreos and Milk Lunch: Grilled cheese sandwich, tomato soup, fruit, milk PM Snack: Pretzel, carrot, dip</p>	<p>27 Breakfast: Cereal, juice, milk AM Snack: Mozzarella cheese and crackers Lunch: Hot dogs, French fries, peas, fruit, milk PM Snack: Nachos & cheese</p>	<p>28 Breakfast: Cinnamon & cheese toast, juice, milk AM Snack: Mini wheats & milk Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Jell-O</p>	<p>29 Breakfast: Muffins, juice, milk AM Snack: Marshmallow & pretzels Lunch: Ravioli, salad, bread, fruit, milk PM Snack: Apple slices, dip</p>

Water will be offered with snacks. This menu is subject to change.