



January 2019

Menu for Mt. Pleasant Child Care



Monday

Tuesday

Wednesday

Thursday

Friday

<p>"I" Week</p>	<p>1 Closed</p> 	<p>2 Breakfast: Muffins, juice, milk AM Snack: Instant pudding, graham crackers Lunch: Ravioli, salad, bread, fruit, milk PM Snack: Apple slices, dip</p>	<p>3 Breakfast: Sausage sandwich, milk, juice AM Snack: Trail Mix Lunch: Chicken patty sandwich, chips, pickle, fruit, milk PM Snack: Veggie straws</p>	<p>4 Breakfast: Cinnamon rolls, juice, milk AM Snack: Carrots, pretzels and ranch Lunch: Pizza, cucumbers, fruit, milk PM Snack: Cheese puffs</p>
<p>7 "J" Week Breakfast: Eggs, toast, milk, juice AM Snack: Apple Jacks, milk Lunch: Chicken, broccoli, cheese and rice, fruit, milk PM Snack: Mini wheats, milk</p>	<p>8 Breakfast: Sausage biscuit, juice, milk AM Snack: Pepperoni, cheese, crackers Lunch: Hot dogs, french fries, peas, fruit, milk PM Snack: Cottage cheese, crackers</p>	<p>9 Breakfast: Cereal, milk, juice AM Snack: "J" cookies Lunch: Rotini, salad, fruit, milk PM Snack: Nachos & cheese</p>	<p>10 Breakfast: Donuts, juice, milk AM Snack: Yogurt and crackers Lunch: Beef noodle soup and crackers, fruit, milk PM Snack: Pizza rolls</p>	<p>11 Breakfast: Toaster strudel, juice, milk AM Snack: Jello, fruit Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Cheese & crackers</p>
<p>14 "K" Week Breakfast: Pancakes and bacon, juice, milk AM Snack: Fruit and rice cakes Lunch: Chicken quesadilla, rice, corn, fruit, milk PM Snack: Angel eggs</p>	<p>15 Breakfast: Bagels, milk, juice AM Snack: "K" cookies and milk Lunch: Meatloaf, mashed potatoes, corn, fruit, milk PM Snack: Candied cheerios</p>	<p>16 Breakfast: Cereal, milk, juice AM Snack: Cottage cheese and fruit Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Éclair cake, milk</p>	<p>17 Breakfast: French toast, juice, milk AM Snack: Krispy treats, milk Lunch: Cheeseburger, tator tots, pickles, fruit, milk PM Snack: Yogurt & animal crackers</p>	<p>18 Breakfast: Cinnamon/cheese toast, fruit, juice, milk AM Snack: Kettle popcorn Lunch: Hot ham & cheese sandwiches, chips, carrots, fruit, milk PM Snack: Cheese sticks & crackers</p>
<p>21 "L" Week Breakfast: Cereal, milk, juice AM Snack: Lemon Cookies Lunch: Steak or Chicken Salad, fruit, milk PM Snack: Brownies, milk</p>	<p>22 Breakfast: Egg & bacon sandwich, juice, milk AM Snack: Lucky charms and milk Lunch: Turkey and cheese wraps, pickles, fruit, milk PM Snack: Granola bars, milk</p>	<p>23 Breakfast: French toast casserole, juice, milk AM Snack: "L" Cookies Lunch: Macaroni & cheese, peas, fruit, milk PM Snack: Apple crisp</p>	<p>24 Luau Breakfast: Fruit & yogurt, juice, milk AM Snack: Lime Jello-O Lunch: Hoagie, chips, cucumbers, fruit, milk PM Snack: Trail mix, milk</p>	<p>25 Breakfast: Pancakes and sausage, juice, milk AM Snack: Little carrots and dip Lunch: Corn dogs, french fries, fruit, milk PM Snack: Crackers & cheese</p>
<p>28 "M" Week Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Mandarin oranges, cottage cheese Lunch: Pizza, fruit, milk PM Snack: Mini wheats & milk</p>	<p>29 Breakfast: Meat and cheese casserole, juice, milk AM Snack: Mint Oreos and Milk Lunch: Grilled cheese sandwich, tomato soup, fruit, milk PM Snack: Golf fish, juice</p>	<p>30 Breakfast: Cereal, juice, milk AM Snack: Mozzarella cheese and crackers Lunch: Baked chicken, mashed potatoes, green beans, fruit, milk PM Snack: Nachos & cheese</p>	<p>31 Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Mini wheats & milk Lunch: Pizza, salad, fruit, milk PM Snack: Jell-O</p>	

Water will be offered with snacks. This menu is subject to change.