



November 2020

Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 "D" Week Breakfast: Waffles, juice, milk AM Snack: Donuts, milk Lunch: Ravioli, salad, garlic bread, fruit, milk PM Snack: Cheese sticks, crackers	3 Breakfast: Cheese & Cinnamon toast, juice, milk AM Snack: Dirt dessert Lunch: Fish sticks, tater tots, green beans, fruit, milk PM Snack: Goldfish, juice	4 Breakfast: Scrambled eggs, juice, milk AM Snack: Dip, carrots, pretzels Lunch: Meatloaf, mashed potatoes, green beans, fruit, milk PM Snack: Soft pretzels, cheese	5 Breakfast: Muffins, juice, milk AM Snack: Dried fruit & rice cakes Lunch: Grilled cheese, tomato soup, pickle, fruit, milk PM Snack: Orange slices, nilla wafers	6 Breakfast: Pancakes, bacon, juice, milk AM Snack: "D" cookies, milk Lunch: Cheeseburger, french fries, corn, fruit, milk PM Snack: Nachos & cheese
9 "E" Week Breakfast: Cereal, juice, milk AM Snack: Extra mild salsa & chips Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Cheese & crackers	10 Breakfast: Eggs, sausage, juice, milk AM Snack: Eclair cake Lunch: Spaghetti, salad, fruit, milk PM Snack: Raisins, animal crackers	11 Breakfast: Cinnamon or cheese toast, juice, milk AM Snack: Angel Eggs Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Pizza rolls	12 Breakfast: Breakfast casserole, juice, milk AM Snack: E cookies Lunch: Pierogis, salad, fruit, milk PM Snack: Yogurt, crackers	13 Breakfast: Waffles, fruit, juice, milk AM Snack: English muffin pizzas Lunch: Macaroni and cheese, peas, fruit, milk PM Snack: S'mores trail mix
16 "F" Week Breakfast: Muffins, juice, milk Snack: Fig newtons Lunch: Tacos, rice, corn, fruit, milk PM Snack: Cheese, pepperoni, crackers	17 Breakfast: Sausage sandwich, juice, milk Snack: Gold Fish, juice Lunch: Hoagies, Doritos, pickles, fruit, milk PM Snack: Rice crispy treats	18 Breakfast: Cereal, juice, milk AM Snack: Fresh Fruit and cheese Lunch: Meatballs, cheese sticks, Italian bread, cucumbers, fruit, milk PM Snack: Apple crisp, milk	19 Breakfast: Yogurt, fruit, toast, juice, milk AM Snack: "F" cookies Lunch: Chicken patty/ bun, french fries, corn, fruit, milk PM Snack: Mini wheats, milk	20 Breakfast: Sausage gravy, biscuit, juice, milk AM Snack: Fruit loops, milk Lunch: Ham, cheesy hash browns, green beans, fruit, milk PM Snack: Bananas, Nilla wafers
23 Thanksgiving Week Breakfast: Waffles, fruit, milk AM Snack: Pumpkin cookies, milk Lunch: Beef noodle soup, bread sticks, fruit, milk PM Snack: Popcorn	24 Breakfast: Breakfast sandwich, juice, milk AM Snack: Snicker Doodles, milk Lunch: Pizza, salad, fruit, milk PM Snack: Nachos & cheese	25 Thanksgiving Feast Breakfast: Cereal, juice, milk AM Snack: Harvest Hash Lunch: "THANKSGIVING FEAST" Turkey, mashed potatoes, stuffing, sweet potatoes, cranberry sauce, milk PM Snack: Cottage cheese, fruit	26 Thanksgiving Day Day Care Closed 	27  Closed
30 "G" Week Breakfast: Breakfast sandwich, milk, juice AM Snack: Grapes and Graham crackers Lunch: Chicken fettuccini, broccoli, fruit, milk PM Snack: Yogurt, bananas				29 Closed

Water will be offered with snacks. This menu is subject to change.