



November 2019

Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
“Harvest” Week				1 Breakfast: Waffles, juice, milk AM Snack: Cottage cheese, fruit Lunch: Ravioli, salad, garlic bread, fruit, milk PM Snack: Cheese sticks, crackers
4“D” Week Breakfast: French toast, juice, milk AM Snack: Dirt dessert Lunch: Pierogis, salad, fruit, milk PM Snack: Goldfish, juice	5 Breakfast: Scrambled eggs, juice, milk AM Snack: Dip, carrots, pretzels Lunch: Meatloaf, mashed potatoes, green beans, fruit, milk PM Snack: Soft pretzels	6 Breakfast: Muffins, juice, milk AM Snack: Dried fruit & rice cakes Lunch: Grilled cheese, tomato soup, fruit, milk PM Snack: Orange slices, nilla wafers	7 Breakfast: Pancakes, bacon, juice, milk AM Snack: “D” cookies, milk Lunch: Cheeseburger, french fries, corn, fruit, milk PM Snack: Nachos & cheese	8 Breakfast: Breakfast sandwich, milk, juice AM Snack: Doughnuts, milk Lunch: Chicken fettuccini, broccoli, fruit, milk PM Snack: Popcorn
11“E” Week Breakfast: Cereal, juice, milk AM Snack: E cookies Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Cheese & crackers	12 Breakfast: Eggs, sausage, juice, milk AM Snack: Éclair cake Lunch: Spaghetti, salad, fruit, milk PM Snack: Raisins, animal crackers	13 Breakfast: Cinnamon or cheese toast, juice, milk AM Snack: Angel Eggs Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: S'mores trail mix	14 Breakfast: Toaster strudel, juice, milk AM Snack: Extra mild salsa & chips Lunch: Fish sticks, tator tots, peas, fruit, milk PM Snack: Yogurt, crackers	15 Breakfast: Waffles, fruit, juice, milk AM Snack: Cheese & crackers Lunch: Macaroni and cheese, peas, fruit, milk PM Snack: Pizza rolls
18 “F” Week Breakfast: Muffins, juice, milk Snack: Fig newtons Lunch: Tacos, rice, corn, fruit, milk PM Snack: Cheese, pepperoni, crackers	19 Breakfast: Sausage sandwich, juice, milk Snack: Gold Fish, juice Lunch: Hoagies, doritos, pickles, fruit, milk PM Snack: Rice crispy treats	20 Breakfast: Cereal, juice, milk AM Snack: Fresh Fruit and cheese Lunch: Meatballs, cheese sticks, Italian bread, fruit, milk PM Snack: Apple crisp, milk	21 Breakfast: Yogurt, fruit, toast, juice, milk AM Snack: “F” cookies Lunch: Chicken patty/ bun, French fries, beans, fruit, milk PM Snack: Mini wheats, milk	22 Breakfast: Sausage gravy, biscuit, juice, milk AM Snack: Fruit loops, milk Lunch: Ham, scalloped potatoes, green beans, fruit, milk PM Snack: Bananas, nilla wafers
25 Thanksgiving Week Breakfast: Waffles, fruit, milk AM Snack: Pumpkin cookies, milk Lunch: Beef noodle soup, fruit, milk PM Snack: Yogurt, bananas	26 Breakfast: Breakfast sandwich, juice, milk AM Snack: Snicker Doodles, milk Lunch: Pizza, salad, fruit, milk PM Snack: Nachos & cheese	27 Thanksgiving Feast Breakfast: Cereal, juice, milk AM Snack: Harvest Hash Lunch: “THANKSGIVING FEAST” Turkey, mashed potatoes, stuffing, sweet potatoes, cranberry sauce, milk PM Snack: Cottage cheese, fruit	28 Thanksgiving Day Day Care Closed 	29  Closed

Water will be offered with snacks. This menu is subject to change.