



# November 2022

## Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Harvest Week</b>	<b>1</b> Breakfast: Cinnamon rolls, juice, milk AM Snack: Leaf cookie, milk Lunch: Fish sticks, tater tots, green beans, fruit, milk PM Snack: Raisins, animal crackers	<b>2</b> Breakfast: Cheese & Cinnamon toast , juice, milk AM Snack: Spice cake Lunch: Meatloaf, mashed potatoes, green beans, fruit, milk PM Snack: Soft pretzels, cheese	<b>3</b> Breakfast: Muffins, juice, milk AM Snack: Apples, graham crackers, & dip Lunch: Grilled cheese, tomato soup, pickle, fruit, milk PM Snack: Orange slices, nilla wafers	<b>4</b> Breakfast: Pancakes, bacon, juice, milk AM Snack: Pumpkin cookie, milk Lunch: Pizza, salad, fruit, milk PM Snack: Nachos & cheese
<b>7 "T" Week</b> Breakfast: Cereal, juice, milk AM Snack: Teddy grahams Lunch: Sloppy joe, tater tots, fruit, milk PM Snack: Cheese & crackers	<b>8</b> Breakfast: Scrambled eggs, juice, milk AM Snack: "T" cookie, milk Lunch: Beef noodle soup, bread sticks, fruit, milk PM Snack: Goldfish, juice	<b>9</b> Breakfast: Donuts, juice, milk AM Snack: Tostito's pizza rolls Lunch: Spaghetti, salad, fruit, milk PM Snack: Pizza rolls	<b>10</b> Breakfast: Breakfast casserole, juice, milk AM Snack: Triscuits & cheese Lunch: Pierogis, salad, fruit, milk PM Snack: Yogurt, crackers	<b>11</b> Breakfast: Waffles, juice, milk AM Snack: Trail mix Lunch: Ham, cheesy hash browns, green beans, fruit, milk PM Snack: S'mores trail mix
<b>14 "I" Week</b> Breakfast: Bagels, juice, milk Snack: Ice cream sandwiches Lunch: Tacos, rice, corn, fruit, milk PM Snack: Cheese, pepperoni, crackers	<b>15</b> Breakfast: Sausage sandwich, juice, milk Snack: Instant pudding & animal crackers Lunch: Hoagies, Doritos, pickles, fruit, milk PM Snack: Rice crispy treats	<b>16</b> Breakfast: Cereal, juice, milk AM Snack: "I" cookie, milk Lunch: Meatballs, cheese sticks, Italian bread, cucumbers, fruit, milk PM Snack: Apple crisp, milk	<b>17</b> Breakfast: Pancakes, bacon, juice, milk AM Snack: Incredible puff corn Lunch: Chicken patty/ bun, French fries, corn, fruit, milk PM Snack: Mini wheats, milk	<b>18</b> Breakfast: Sausage gravy, biscuit, juice, milk AM Snack: Irresistible orange slices, gra- ham crackers Lunch: Macaroni and cheese, peas, fruit, milk PM Snack: Bananas, Nilla wafers
<b>21 Thanksgiving Week</b> Breakfast: Cereal, fruit, milk AM Snack: Pumpkin cookies, milk Lunch: Chicken, rice, broccoli, cheese sauce, fruit, milk PM Snack: Cheese sticks, crackers	<b>22</b> Breakfast: Breakfast sandwich, juice, milk AM Snack: Snicker Doodles, milk Lunch: Cheeseburger, French fries, corn, fruit, milk PM Snack: Nachos & cheese	<b>23 Thanksgiving Feast</b> Breakfast: Yogurt, fruit, toast, juice, milk AM Snack: Harvest Hash Lunch: "THANKSGIVING FEAST" Turkey, mashed potatoes, stuffing, sweet potatoes, cranberry sauce, milk PM Snack: Cottage cheese, fruit	<b>24 Thanksgiving Day Day Care Closed</b> 	<b>25</b>  <b>Closed</b>
<b>28 "D" Week</b> Breakfast: French toast, milk, juice AM Snack: Donuts, milk Lunch: Chicken tenders, mashed potatoes, corn, fruit, milk PM Snack: Yogurt, bananas	<b>29</b> Breakfast: Eggs, bacon, juice, milk AM Snack: Dirt dessert Lunch: Hot dogs, French fries, green beans, fruit, milk PM Snack: Apple crisp, milk	<b>30</b> Breakfast: Breakfast sandwich, milk, juice AM Snack: Dip, carrots, pretzels Lunch: Rigatoni, salad, fruit, milk PM Snack: Popcorn		

Water will be offered with snacks. This menu is subject to change.