



May 2019

Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
U Week		1 Breakfast: Egg cups, juice, milk AM Snack: Fruit & cheese Lunch: Ham & cheese melt, chips, fruit, milk PM Snack: Carrots, celery & dip	2 Breakfast: Cinnamon and cheese toast, juice, milk AM Snack: Upside down cake Lunch: Chicken patty sandwich, French fries, corn, fruit, milk PM Snack: Crackers & cheese	3 Breakfast: Pop tarts, juice, milk AM Snack: Pizza rolls Lunch: Macaroni & cheese, peas, applesauce, milk PM Snack: Fruit cones
6 V Week Breakfast: Muffins, juice, milk AM Snack: Veggie straws Lunch: Nacho supreme fruit, milk PM Snack: Bananas & vanilla wafers	7 Breakfast: Bagels, juice, milk AM Snack: V cookie Lunch: Chicken nuggets, mashed potatoes, green beans, fruit, milk PM Snack: Gold fish, juice	8 Breakfast: French toast juice, milk AM Snack: Vanilla wafers and fruit Lunch: Lasagna, salad, fruit, milk PM Snack: Popsicles, graham crackers	9 Breakfast: Breakfast sandwich, juice, milk AM Snack: Vanilla Pudding Lunch: Cheeseburgers, french fries, corn, fruit, milk PM Snack: Cottage cheese & fruit	10 Breakfast with Mom Breakfast: Sausage gravy & biscuits, fresh fruit, juice, milk AM Snack: Veggies and dip Lunch: Chicken fettuccini, green beans, fruit, milk PM Snack: S'mores trail mix
13 W & X Week Breakfast: Toaster strudels, juice, milk AM Snack: Whale crackers Lunch: Spaghetti, salad, fruit, milk PM Snack: Granola bars, milk	14 Breakfast: Pancakes, bacon, juice, milk AM Snack: Watermelon Lunch: Hot dogs, chips, pickles, fruit, milk PM Snack: Nachos and cheese	15 Breakfast: Cereal, juice, milk AM Snack: Wheat thins and cheese Lunch: Grilled cheese, tomato soup, fruit, milk PM Snack: Ice cream	16 Breakfast: Scrambled eggs, toast, milk, juice AM Snack: X cookie Lunch: Beef tips over noodles, cucumbers, fruit, milk PM Snack: Popcorn	17 Breakfast: Yogurt and fruit, toast, milk AM Snack: X-tra mild salsa and corn chips Lunch: Turkey & cheese sandwich chips, pickle, fruit, milk PM Snack: Veggie pizza
20 Y & Z Week Breakfast: Sausage biscuit, juice, milk AM Snack: Yogurt and crackers Lunch: Ham, scalloped potatoes, green beans, fruit, milk PM Snack: Apple crisp	21 Breakfast: Breakfast sandwich, juice, milk AM Snack: Y cookie, milk Lunch: Corndogs, tator tots, pickle, fruit, milk PM Snack: Mini Wheats	22 Breakfast: French toast, juice, milk AM Snack: Yellow Yoked angel eggs Lunch: Tacos, rice, fruit, milk PM Snack: Pretzels, carrots, dip	23 Breakfast: Cinnamon rolls, milk, juice AM Snack: Zebra cake Lunch: Pierogis, salad, fruit & milk PM Snack: Pepperoni, cheese, crackers	24 Breakfast: Cereal, juice, milk AM Snack: Zoo animal crackers Lunch: Chicken or steak salad, fruit, milk PM Snack: Jell-O, nilla wafers
27 Practice & Review Closed— Memorial Day	28 Breakfast: Pancakes, sausage, juice, milk AM Snack: Rice crispy treats Lunch: Pizza, salad, fruit, milk PM Snack: Apple sauce, graham crackers	29 Breakfast: Cinnamon toast & cheese toast, juice, milk AM Snack: Pudding & graham crackers Lunch: Hoagies, chips, pickles, fruit, milk PM Snack: Watermelon, nilla wafers	30 Breakfast: Sausage biscuits, juice milk AM Snack: Yogurt & animal crackers Lunch: Sloppy joes, tator tots, corn, pickle, fruit, milk PM Snack: Trail mix	31 Breakfast: Fresh fruit, yogurt, toast, juice, milk AM Snack: Hot pretzels & cheese Lunch: Chicken nuggets, mashed potatoes, fruit, milk PM Snack: Donuts, milk

Water will be offered with snacks. This menu is subject to change.