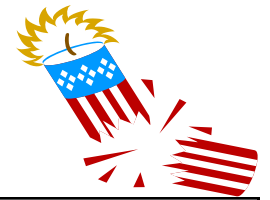




# July 2022

## Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>Stars &amp; Stripes Week</b></p>				<p><b>1 Bike Parade</b>            Breakfast: Donuts, juice, milk            AM Snack: Gold fish, juice            Lunch: Meatballs, garlic toast, green beans, fruit, milk            PM Snack: Brownies, milk</p>
<p><b>4 Our Country Week</b></p> <p><b>Closed in observation of Independence Day</b></p>	<p><b>5</b>            Breakfast: Pancakes, bacon, juice, milk            AM Snack: Veggie straws, juice            Lunch: Macaroni and cheese, peas, fruit, milk            PM Snack: Trail mix, milk</p>	<p><b>6</b>            Breakfast: Yogurt, fruit, toast, juice, milk            AM Snack: Red, white, &amp; blue popsicles            Lunch: Spaghetti, salad, fruit, milk            PM Snack: Pizza rolls</p>	<p><b>7</b>            Breakfast: Scramble eggs, sausage, toast, juice, milk            AM Snack: Pepperoni, cheese cubes, &amp; Ritz            Lunch: Pierogis, salad, fruit, milk            PM Snack: Milkshakes</p>	<p><b>8</b>            Breakfast: Bagels, juice, milk            AM Snack: Watermelon &amp; blueberries            Lunch: Turkey &amp; cheese sandwich, chips, pickles, fruit, milk            PM Snack: Nachos &amp; cheese</p>
<p><b>11 Water Week</b>            Breakfast: Egg cups, juice, milk            AM Snack: Cheese balls            Lunch: Chicken, rice, broccoli, fruit, milk            PM Snack: Cottage cheese &amp; fruit</p>	<p><b>12</b>            Breakfast: Cereal, juice, milk            AM Snack: Blue Jell-O &amp; cool whip            Lunch: Hot dogs, tater tots, peas, fruit, milk            PM Snack: S'mores trail mix</p>	<p><b>13</b>            Breakfast: Cinnamon rolls, juice, milk            AM Snack: Fresh fruit cones            Lunch: Chicken nuggets, mashed potatoes, green beans, fruit, milk            PM Snack: Pretzels, carrots, ranch</p>	<p><b>14</b>            Breakfast: Breakfast burritos, juice, milk            AM Snack: Apple crisp            Lunch: Nacho supreme, fruit, milk            PM Snack: Grapes and string cheese</p>	<p><b>15</b>            Breakfast: Scrambled eggs, toast, juice, milk            AM Snack: Fruit smoothies            Lunch: Cheeseburger, chips, pickle, fruit, milk            PM Snack: Granola bars, milk</p>
<p><b>18 Lego Week</b>            Breakfast: Pancakes, bacon, juice, milk            AM Snack: Lego rice crispy treats            Lunch: Fish stick, French fries, fruit, milk            PM Snack: Fruit and cheese kabobs</p>	<p><b>19</b>            Breakfast: Muffins, juice, milk            AM Snack: Mangos            Lunch: Pizza, cucumber slices &amp; carrots, fruit, milk            PM Snack: Apple slices and fruit dip</p>	<p><b>20</b>            Breakfast: Breakfast casserole, juice, milk            AM Snack: Frozen yogurt            Lunch: Corn dogs, tater tots, green beans, fruit, milk            PM Snack: Goldfish, juice</p>	<p><b>21</b>            Breakfast: Toaster strudel, juice, milk            AM Snack: Apple sauce and graham crackers            Lunch: Tacos, salad, fruit, milk            PM Snack: Cheese and crackers</p>	<p><b>22</b>            Breakfast: French toast, juice, milk            AM Snack: Soft pretzel &amp; cheese            Lunch: Chicken/Steak salad, fruit, milk            PM Snack: Root beer floats</p>
<p><b>25 Animal Week</b>            Breakfast: Waffles, bacon, juice, milk            AM Snack: Yogurt &amp; animal crackers            Lunch: Baked chicken, stuffing, mashed potatoes, corn, fruit, milk            PM Snack: Ice cream sandwich</p>	<p><b>26</b>            Breakfast: Sausage gravy and biscuits, juice, milk            AM Snack: Angel eggs &amp; crackers            Lunch: Lasagna, salad, fruit, milk            PM Snack: Popcorn</p>	<p><b>27</b>            Breakfast: Pop tarts, juice, milk            AM Snack: Scooby Snacks            Lunch: Pepperoni bread, salad, fruit, milk            PM Snack: Strawberries, yogurt</p>	<p><b>28</b>            Breakfast: Cinnamon or cheese toast, juice, milk            AM Snack: Puppy Chow            Lunch: Chicken fettuccine, broccoli, fruit, milk            PM snack: Oatmeal cookies, milk</p>	<p><b>29</b>            Breakfast: Muffins, juice, milk            AM Snack: Hay stacks            Lunch: Johnny Marzetti, sliced cucumbers, fruit, milk            PM Snack: Bagel bites</p>

Water will be offered with snacks. This menu is subject to change.