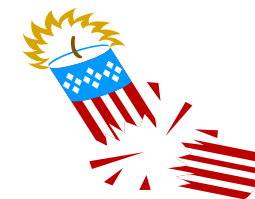




July 2020

Menu for Mt. Pleasant Child Care



| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|--|---|--|---|---|
| USA Week | | 1 Breakfast: Muffins, juice, milk AM Snack: Red white & blue popsicles Lunch: Johnny Marzetti, sliced cucumbers, fruit, milk PM Snack: Mini wheats | 2 Bike Parade Breakfast: Waffles, bacon, juice, milk AM Snack: Patriotic party mix Lunch: Pizza, salad, fruit, milk PM Snack: Yogurt , fruit | 3 Closed in observation of Independence Day |
| 6 God Made Me Breakfast: Cereal, juice, milk AM Snack: Gold fish, juice Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Brownies, milk | 7 Breakfast: Pancakes, bacon, juice, milk AM Snack: Pizza rolls Lunch: Tacos, fruit, milk PM Snack: Trail mix | 8 Breakfast: Yogurt, fruit, toast, juice, milk AM Snack: Veggie straws, juice Lunch: Spaghetti, salad, fruit, milk PM Snack: Pepperoni, cheese & crackers | 9 Breakfast: Donuts, juice, milk AM Snack: Pudding, nilla wafers Lunch: Chicken/Steak salad, fruit, milk PM Snack: Animal crackers, yogurt | 10 Breakfast: Eggs, sausage, juice, milk AM Snack: Watermelon & blueberries Lunch: Turkey & cheese sandwich, chips, pickles, fruit, milk PM Snack: Nachos & cheese |
| 13 Beach & Ocean Breakfast: Egg cups, juice, milk AM Snack: Sand dessert Lunch: Chicken, rice, broccoli, fruit, milk PM Snack: Cottage cheese & fruit | 14 Breakfast: Cereal, juice, milk AM Snack: Shark Jell-O Lunch: Pizza, cucumber slices & carrots, fruit, milk PM Snack: S'mores trail mix | 15 Breakfast: Cinnamon rolls, juice, milk AM Snack: Pretzels, carrots, ranch Lunch: Corn dogs, tator tots, green beans, fruit, milk PM Snack: Banana split cake | 16 Breakfast: Breakfast burritos, juice, milk AM Snack: Angel eggs and crackers Lunch: Nacho supreme, fruit, milk PM Snack: Grapes and string cheese | 17 Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Fruit pizza Lunch: Cheeseburger, chips, pickle, fruit, milk PM Snack: Granola bars |
| 20 Bugs & Insects Breakfast: Pancakes, bacon, juice, milk AM Snack: Pop tarts Lunch: Ravioli, salad, bread, fruit, milk PM Snack: Fruit and cheese kabobs | 21 Breakfast: Muffins, juice, milk AM Snack: Delicious dirt Lunch: Hot dogs, tator tots, veggies, fruit, milk PM Snack: Pudding pie | 22 Breakfast: Breakfast casserole, juice, milk AM Snack: Banana caterpillars Lunch: Pepperoni bread, salad, fruit, milk PM Snack: Popsicles, graham crackers | 23 Breakfast: Toaster strudel, juice, milk AM Snack: Apple sauce and graham crackers Lunch: Macaroni & cheese, peas, fruit, milk PM Snack: Cheese and crackers | 24 Breakfast: French toast, juice, milk AM Snack: Ants on a log Lunch: Pierogis, salad, fruit, milk PM Snack: Root beer floats |
| 27 Farm & Dairy Breakfast: Scramble eggs, sausage, toast, juice, milk AM Snack: Mandarin oranges & vanilla wafers Lunch: Grilled cheese, tomato soup, fruit, milk PM Snack: Cottage cheese, fruit | 28 Breakfast: Sausage gravy and biscuits, juice, milk AM Snack: Soft pretzels, cheese Lunch: Lasagna, salad, fruit, milk PM Snack: Popcorn | 29 Breakfast: Pop tarts, juice, milk AM Snack: Frozen yogurt Lunch: Chicken patty, french fries, peas, fruit, milk PM Snack: Popcorn | 30 Breakfast: Cinnamon or cheese toast, sausage, toast, juice, milk AM Snack: Milkshakes Lunch: Chicken fettuccine, broccoli, fruit, milk PM snack: Strawberries, yogurt | 31 Breakfast: Muffins, juice, milk AM Snack: Goldfish, juice Lunch: Cheeseburger, chips, pickle, fruit, milk PM Snack: Oatmeal cookies, milk |

Water will be offered with snacks. This menu is subject to change.