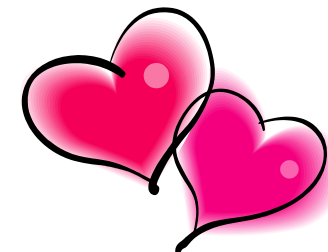




February 2019

Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
"M" Week				1 Breakfast: Sausage sandwich, juice, milk AM Snack: Mangos, animal crackers Lunch: Chicken patties, tater tots, corn, fruit, milk PM Snack: Doritos and juice
4 "N" Week "Groundhog Day Party" Breakfast: Waffles, juice, milk AM Snack: "N" Cookies, milk Lunch: Pierogis, salad, fruit, milk PM Snack: Yogurt, animal crackers	5 Breakfast: French toast, juice, milk AM Snack: Neapolitan ice cream Lunch: Macaroni & cheese, peas, applesauce, milk PM Snack: Popcorn, juice	6 Breakfast: Scrambled eggs & toast, juice, milk AM Snack: Nilla wafers, pudding Lunch: Chicken nuggets, mashed potatoes, corn, fruit & milk PM Snack: Brownies, milk	7 Breakfast: Toaster strudel, juice, milk AM Snack: Nachos and cheese Lunch: Taco: rice, fruit, milk PM Snack: Trail mix, milk	8 Breakfast: English muffins, juice, milk AM Snack: Nutrigrain bar Lunch: Kielbasa, noodles, green beans, fruit, milk PM Snack: Éclair cake, milk
11 "Valentine's" Week Breakfast: Breakfast casserole, juice, milk AM Snack: Cupcakes and milk Lunch: Fish sticks, tater tots, peas, fruit, milk PM Snack: Pizza rolls	12 Breakfast: Muffins, juice, milk Am Snack: Heart cookies, milk Lunch: Beef tips, gravy over noodles, fruit, milk PM Snack: Peach cobbler	13 Breakfast: Breakfast sandwich, juice, milk AM Snack: Goldfish & juice Lunch: Sloppy joes, tater tots, green beans, fruit, milk PM Snack: Cottage cheese & fruit	14 Valentine's Day Party Breakfast: Fruit & yogurt, juice, milk AM Snack: Valentine mix Lunch: Lasagna, salad, fruit, milk PM Snack: Mini wheats, milk	15 Breakfast: Cereal, juice, milk AM Snack: Cupid clusters Lunch: Steak or chicken salad, fruit, milk PM Snack: Hot pretzels and cheese
18 "O" Week Breakfast: Cinnamon rolls, juice, milk AM Snack: "O" Cookies Lunch: Corn dogs, french fries, pickles, fruit, milk PM Snack: Apple slices, dip	19 Breakfast: Waffles, fruit, milk AM Snack: Orange sherbet and nilla wafers Lunch: Nacho supreme, fruit, milk PM Snack: Yogurt & crackers	20 Breakfast: Toaster strudel, juice, milk AM Snack: Oreos Lunch: Grilled cheese, tomato soup, pickles, fruit, milk PM Snack: Carrots, pretzels, dip	21 Breakfast: Sausage sandwich, juice, milk AM Snack: Orange slices Lunch: Cheeseburger/bun, potato chips, pickle, fruit, milk PM Snack: Cinnamon strudel, milk	22 Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Oatmeal cookies Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: Fruit pizza
25 Storybook Week Breakfast: Cereal, juice, milk AM Snack: Three little pigs snack Lunch: Pizza, salad, fruit, milk PM Snack: Nachos & cheese	26 Breakfast: Pancakes, sausage, juice, milk AM Snack: Gingerbread man Lunch: Baked chicken, mashed potatoes, corn, fruit, milk, PM Snack: Goldfish & juice	27 Breakfast: Cheese or cinnamon toast, juice, milk AM Snack: Three bears snack Lunch: Hot dogs, chips, pickles, fruit, milk PM Snack: Veggie straws, juice	28 Breakfast: Muffin, juice, milk AM Snack: Cat in the Hat Lunch: Spaghetti, salad, fruit, milk PM Snack: Cheese sticks and crackers	

Water will be offered with snacks. This menu is subject to change.