




December 2018

Menu for Mt. Pleasant Child Care



| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|---|--|--|--|--|
| 3 “G” Week Breakfast: Cinnamon or cheese toast, juice, milk AM Snack: Grapes, vanilla wafers Lunch: Tacos, rice, corn, fruit and milk PM Snack: Crackers and cheese | 4 Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Granola bars, milk Lunch: Chicken or steak salad, fruit, milk PM Snack: Celery, cucumbers and ranch | 5 Breakfast: Yogurt & fruit, juice, milk AM Snack: Green Jello Lunch: Bologna and cheese sandwich, chips, carrot sticks, fruit, milk PM Snack: Chocolate pudding pie | 6 Breakfast: Bagels, juice, milk AM Snack: Gingerbread, milk Lunch: Nacho supreme, rice, fruit, milk PM Snack: Cottage cheese & fruit | 7 Breakfast: French toast sticks, juice, milk AM Snack: “G” cookie, milk Lunch: Rigatoni, salad, fruit, milk PM Snack: Trail mix, milk |
| 10 “H” Week Breakfast: Toaster strudel, milk, juice AM Snack: Honey grahams, milk Lunch: Cheeseburger, corn, French fries, fruit and milk PM Snack: Yogurt, animal crackers | 11 Breakfast: Pancakes & bacon, juice, milk AM Snack: Honeydew, nilla wafers Lunch: Pizza, salad, fruit, milk PM Snack: Angel eggs | 12 Breakfast: Sausage gravy biscuits, juice, milk AM Snack: Hot pretzels, cheese Lunch: Meatloaf, mashed potatoes, carrots, fruit, milk PM Snack: Cookies and milk | 13 Breakfast: Scrambled eggs, toast, juice, milk AM Snack: Honeybuns, milk Lunch: Chicken noodle soup, crackers, fruit, milk PM Snack: S’mores trail mix, milk | 14 Breakfast: Cereal, juice, milk AM Snack: Heart cookies Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Cheese sticks, crackers |
| 17 “Christmas” Week Breakfast: Muffin, milk, juice AM Snack: Christmas trees, milk Lunch: Chicken patty sandwiches, tater tots, green beans, fruit, milk PM Snack: Pizza rolls | 18 Breakfast: Cinnamon or cheese toast, juice, milk AM Snack: Candied cheerios Lunch: Roast, potatoes, carrots, fruit, milk PM Snack: Apple crisp and milk | 19 Breakfast: Breakfast sandwich, juice, milk AM Snack: Popcorn puffs Lunch: Hoagies, chips, cucumbers, fruit, milk PM Snack: Cottage cheese & fruit | 20 Breakfast: Breakfast casserole, juice, milk AM Snack: Yogurt, animal cookies Lunch: Macaroni & cheese, peas, applesauce, milk PM Snack: Soft pretzel and cheese | 21 Jesus’ Birthday Party Breakfast: Cereal, juice, milk AM Snack: Birthday cake Lunch: Ham & scalloped potatoes, green beans, fruit, milk PM Snack: Mini wheats, milk |
| 24 “Winter” Week Breakfast: Cinnamon rolls, milk, juice AM Snack: Snowballs, milk Lunch: Spaghetti and meatballs, salad, fruit and milk PM Snack: Popcorn | 25 Closed Merry Christmas  | 26 Breakfast: Pancakes & sausage, juice, milk AM Snack: Snowmen cookies, milk Lunch: Beef noodle soup, crackers, fruit and milk PM Snack: Pepperoni, cheese, crackers | 27 Breakfast: French toast sticks, milk, juice AM Snack: Orange slices, graham crackers Lunch: Grilled cheese, tomato soup, fruit, milk PM Snack: Nachos and cheese | 28 Breakfast: Waffles, juice, milk AM Snack: Jell-O in the snow Lunch: Corn dogs, french fries, pickle, fruit, milk PM Snack: Grapes, graham crackers |
| 31 “I” Week Breakfast: Muffin, milk, juice AM Snack: Ice cream Lunch: Baked chicken, mashed potatoes, corn, fruit, milk PM Snack: Yogurt & crackers | | | | |

Water will be offered with snacks. This menu is subject to change.