



August 2020

Menu for Mt. Pleasant Child Care



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 Weather Week Breakfast: Donuts, fruit, milk AM Snack: Yogurt & fruit Lunch: Ham, cheesy hash browns, green beans, fruit, milk PM Snack: Watermelon, graham crackers	4 Breakfast: Bacon, egg, & cheese croissant, juice, milk AM Snack: Crackers & cheese Lunch: Meat loaf, mashed potatoes, peas, milk PM Snack: Pudding, animal crackers	5 Breakfast: Pancakes, sausage, milk AM Snack: Smoothies Lunch: Pizza, salad, fruit, milk PM Snack: Nachos & cheese	6 Breakfast: Cereal, juice, milk AM Snack: Carrot sticks, celery, dip Lunch: Stuffed shells, salad, fruit, milk PM Snack: Blueberries, grapes	7 Breakfast: Cinnamon rolls, juice, milk AM Snack: Applesauce, teddy grahams Lunch: Kielbassi, noodles, green beans, fruit, milk PM Snack: Gold fish
10 Olympics Week Breakfast: Scrambled eggs, toast, fruit, milk AM Snack: Torches Lunch: Turkey and cheese sandwich, chips, celery sticks, fruit, milk PM Snack: Yogurt & crackers	11 Breakfast: Waffles, juice, milk AM Snack: Popcorn Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Cucumbers, carrots, ranch	12 Breakfast: Fresh fruit, yogurt & toast, milk AM Snack: Cottage cheese, fruit Lunch: Spaghetti, salad, fruit, milk PM Snack: Fudgesicles	13 Breakfast: Toaster strudel, juice, milk AM Snack: Olympic cookies Lunch: Fish sticks, tator tots, peas, fruit, milk PM Snack: Bananas & 'nilla wafers	14 Breakfast: Muffin, juice, milk AM Snack: Cheese sticks & crackers Lunch: Nachos supreme, fruit, milk PM Snack: Brownies and milk
17 Transportation Week Breakfast: Pop tarts, juice, milk AM Snack: Angel eggs, crackers Lunch: Hot dogs, chips, pickles, fruit, milk PM Snack: Mini-wheats, milk	18 Breakfast: Egg cups, juice, milk AM Snack: Transportation Cookies & milk Lunch: Rotini, salad, fruit, milk PM Snack: Pizza bagels	19 Breakfast: Cereal, juice, milk AM Snack: Apples & dip Lunch: Baked Turkey Breast, stuffing, mashed potatoes, corn, fruit, milk PM Snack: Cheese, pepperoni, crackers	20 Breakfast: French toast, juice, milk AM Snack: Yogurt & fruit Lunch: Cheeseburger, French fries, pickles, fruit, milk PM Snack: Raisins & apples	21 Breakfast: Breakfast sandwich, juice, milk AM Snack: Traffic lights Lunch: Chicken, rice, broccoli, fruit, milk PM Snack: Ice cream sundae
24 Desert Week Breakfast: Sausage gravy & biscuits, juice, milk AM Snack: Sand Lunch: Meatballs, garlic bread, fruit, milk PM Snack: Rice cakes with dried fruit	25 Breakfast: Waffles, juice, milk AM Snack: Cactus snack (Fresh fruit) Lunch: Pierogis, cucumber slices, fruit, milk PM Snack: Popsicles, graham crackers	26 Breakfast: Breakfast casserole, juice, milk AM Snack: Veggie straws Lunch: Roast, potatoes, carrots, fruit and milk PM Snack: Fruit & cheese kabobs	27 Breakfast: Pancakes, sausage, juice, milk AM Snack: Tumbleweeds Lunch: Chicken/Steak salad, fruit, milk PM Snack: Nachos and cheesy salsa dip	28 Breakfast: Muffin, juice, milk AM Snack: Cactus cookies Lunch: Macaroni and cheese, peas, applesauce, milk PM Snack: Frozen yogurt
31 Back to School Week Breakfast: Cereal, juice, milk AM Snack: Veggie straws Lunch: Chicken nuggets, mashed potatoes, corn, fruit, milk PM Snack: Brownies and milk				

Water will be offered with snacks. This menu is subject to change.